

# GO LOCAL For Health

AFFORDABLE RECREATION & FOOD OPPORTUNITIES

Save the date!

SEPTEMBER

18

2012

At the  
Gettysburg  
Hotel

Gettysburg, PA

8:30 a.m. to  
3 p.m.

**FREE!**

Registration required  
and available online  
starting July 13th

GO LOCAL FOR HEALTH is a regional summit that will unite community leaders, stakeholders and the general public on the issues of *affordable and accessible healthy eating and recreation opportunities* in south central Pennsylvania.

## Engage with experts on:

**KEYNOTE SPEAKER:** Gina Calhoun of the Copeland Center on the link of mental health to healthy eating, exercise, and access to the outdoors (Part of the South Mountain Speakers Series)

Improving access to healthy, affordable, and local food

Innovative community healthy eating and recreation initiatives

The media's impact on health and wellness

How physicians can be community leaders for better health

**PLAN WITH US!** Take part in action planning to improve overall health in our community.

**CONNECT** and plan with local organizations and grassroots efforts for better physical health and access to local healthy food where you live.

**ENGAGE** with a variety of resources and tools.

## Sponsors include



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